

## **WIM ROUKEMA**

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## **ABSTRACT**

How homeopathy in a general practice gives rest to patients with PTSS and with borderline disorder.

In treating patients with a borderline disorder in a general practice, you never have a dull moment. They want an appointment now.

The consultations take much time. It is a challenge not to comply with the countertransference. The crisis situations take much energy.

By treating these patients in homeopathy the crises are reduced, the patients are less claiming, and there will be more tranquillity in the doctor's practice.

When patients with PTTS are treated by means of homeopathy, flashbacks and nightmares may disappear. The quality of life improves tremendously. The number of referrals to a psychiatrist is lessened. Thus, the second-line medical care is relieved.

To conclude, this lecture will present data aligning with previous research which demonstrates that homeopathy treatment is most cost-reducing.